What to Feed Your FOODCYCLER™ FC-50

**ALWAYS**
- Most fruit & veggie scraps
- Cheese
- Eggs & shells
- Coffee grounds, filters & tea bags
- Beans, seeds & légumes
- Pet food
- Meat, fish, shellfish, poultry scraps, chicken & fish bones
- Cereals & grains

**SOMETIMES**
- Starches (bread, rice, pasta, etc.)
- Citrus fruit peels
- Jam, jellies, marmalades
- High-sugar fruits (grapes, cherries, bananas, etc.)
- Nut butters
- Condiments, dressings, sauces & soups

**NEVER**
- Hard bones like beef & pig bones
- Candy or gum
- Cooking oils or greases
- Hard pits (peaches, apricots, nectarines, etc.)
- Nuts & other hard shells
- Pineapple leaves

**DIVERSIFY**
Avoid high concentrations of a single food.

**MIX IT UP**
Combine heavier food scraps with lighter, dryer foods.

**HIGH FIVE**
For highly fibrous foods (corn cobs, cornhusks, asparagus, etc.), be sure to cut them into palm-sized pieces.